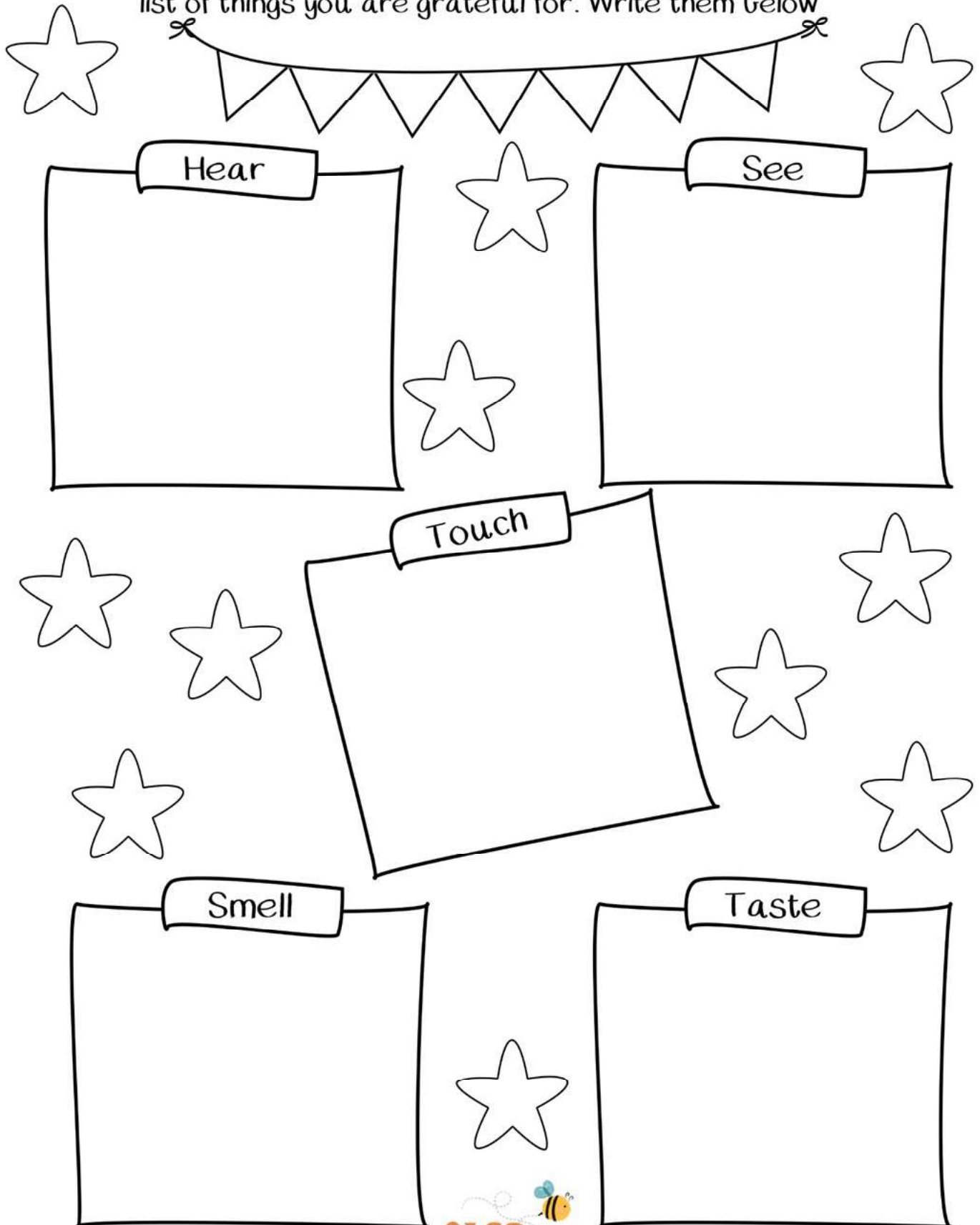


Gratitude walk

Go for a walk around your house, garden, classroom or school.
Use your senses of sight, hearing, touch, smell and taste to make a
list of things you are grateful for. Write them below



The worksheet is designed for a gratitude walk. It features a central banner at the top with the title 'Gratitude walk' and instructions. Below the banner are five large rectangular boxes, each labeled with a sense: 'Hear', 'See', 'Touch', 'Smell', and 'Taste'. The 'Touch' box is tilted. There are several star-shaped cutouts scattered around the boxes. The entire page is decorated with a banner and stars.

Hear

See

Touch

Smell

Taste